

WEEKLY AUSTRALIAN

**OK!**

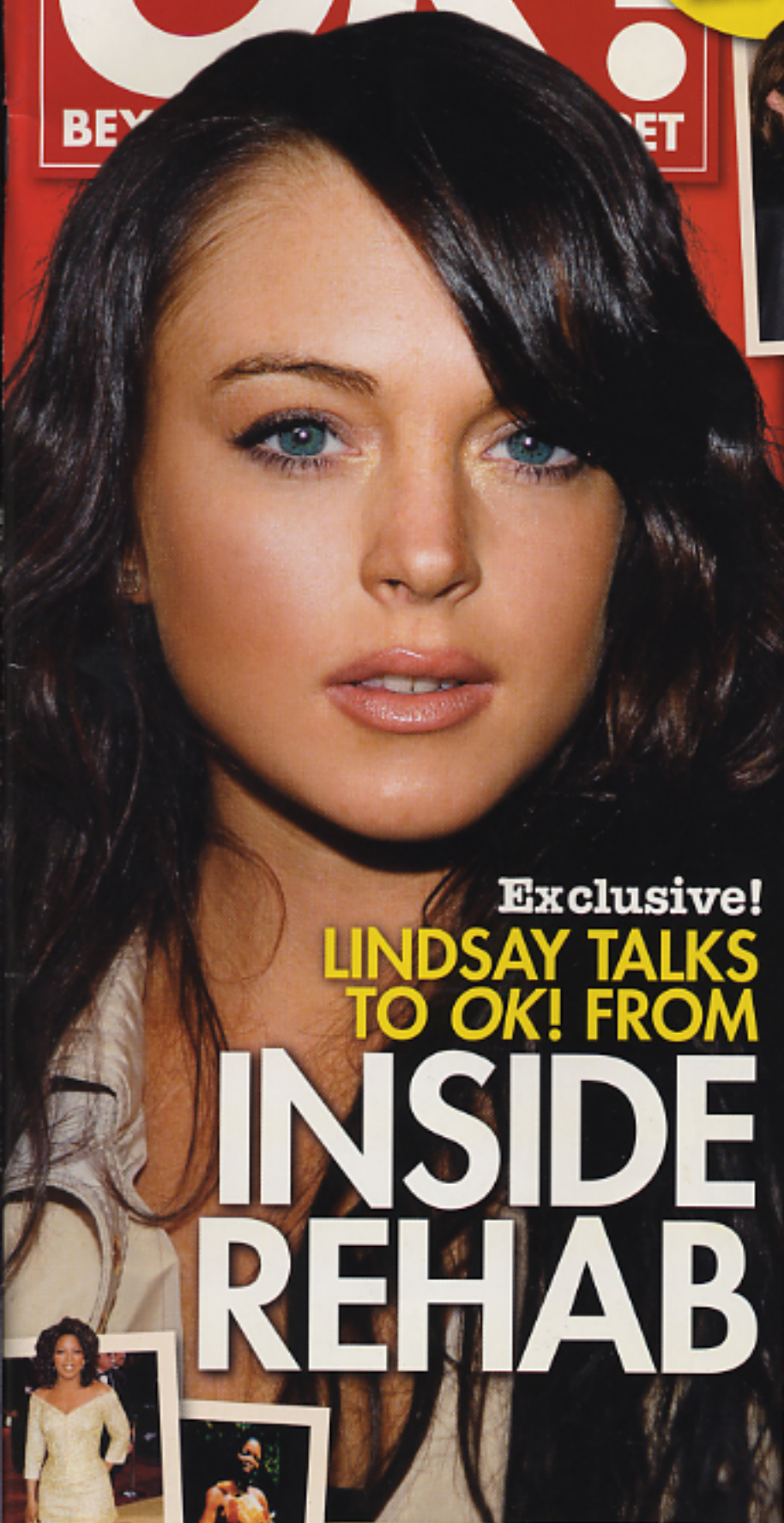
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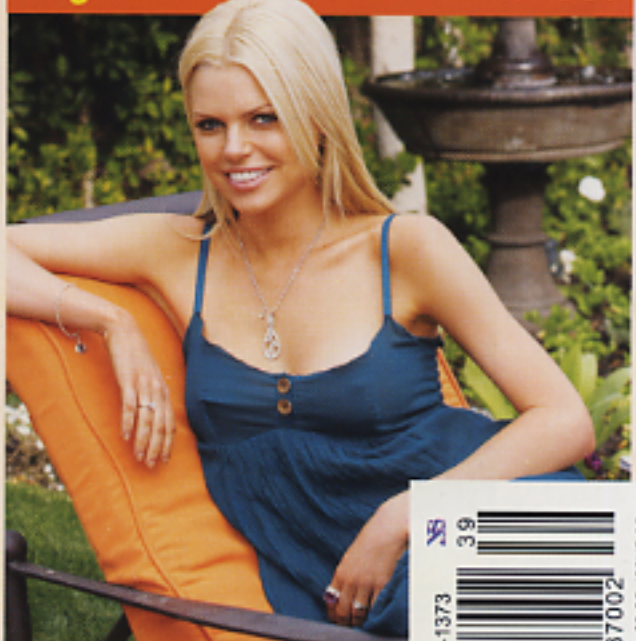


**THE TRUTH ABOUT  
CAMERON DIAZ  
& KELLY SLATER!**



**VICTORIA TELLS:  
WHY WE'RE REALLY  
MOVING TO LA**

**OK! Exclusive**  
**SOPHIE MONK**  
**My new life & new fiancé!**



**Plus! A devastated Oprah reveals the  
pain behind her tragic teenage secret**





As the star of *Dr 90210*, **Dr Robert Rey** takes viewers inside his life as he tries to balance his successful surgery and his family

Meet Dr 90210...

# THE REAL NIP/TUCK

The star of TV's most addictive plastic surgery show gives *OK!* the lowdown on Hollywood's obsession with perfection

**H**e gets 4000 emails a day from around the world asking about his cosmetic procedures and has famously gone under the knife himself. Beverly Hills cosmetic surgeon Dr Robert Rey, the star of E!'s addictive reality show *Dr 90210*, gives *OK!* the inside scoop on the latest procedures and a sneak peek at what really goes down inside a famous Beverly Hills plastic surgery clinic. The spunky doc – who has become a celebrity himself – can't name his famous clientele due to confidentiality reasons, but has a star-studded waiting list we'd love to get our hands on!

#### With all this cosmetic surgery and obsession with beauty, do you think society is crazy?

Nothing's changed in 2000 years – we think it's barbaric when certain cultures put rings around their neck like in Africa. In Asia they used to bind girls' feet and here I am stuffing silicone balloons inside women's chests. So we're just as crazy!

#### What is perfect 'beauty' then?

That's a loaded question. There's universal beauty and cultural beauty. Universal beauty is when Cleopatra and Sophia Loren show up and you go, 'Damn who is that?' Cultural beauty is when certain features suit certain cultures – thin lips look better on Caucasians, who have fine features, and thick lips look better on Latinos and Asians.

### 'Plastic surgery is like fashion – it changes every year'

#### Do you see any disturbing trends in your industry?

Plastic surgery is like fashion – it changes every year. There's a whole new trend where smart, college-educated girls are coming to LA to be porn stars – as it's been their lifelong dream – and I'm usually the first stop once they get off the bus. They get addicted to surgery. I tell

them I've been here for 10 years and seen porn stars turn into prostitutes, but they don't listen. I can't refuse to do surgery on a porn star either because I could be sued.

#### What's the latest lunchtime procedure in Tinseltown?

Today we have what's called Smartlipo (liposuction). Normal liposuction creates a hole that usually turns brown, and people can see brown holes all over your body. With Smartlipo, we insert through a one-millimetre incision a little laser that liquefies the fat so we can take it out. It also decreases the risk of death – liposuction is one of the big killers in plastic surgery. If one little blob of fat gets into your vessels and makes its way to your lungs, you're going to drop dead the next day – it's called a fat embolism. So we're moving towards less and less invasive surgery.

#### How do you treat a woman when she comes in for a consultation?

We start by asking questions like, 'How's work?



How's the family?, which is a way of analysing their mental wellbeing. If we hear 'I've had four divorces, I hate my last plastic surgeon, I've had 50 things done,' our eyes glaze over and we very politely show you the door. About 15 per cent of all people who come to see a plastic surgeon have body dysmorphic disorder [severely preoccupied with some aspect of how they look] and about 3 per cent sneak through because they're so used to their disease they know how not to sound psychotic.

#### How many people get rejected?

We have a 90 per cent rejection rate usually from medical conditions such as severe asthma, diabetes, and severe hepatitis where you could bleed like crazy. We don't want you to die from a boob job and I don't want to kill anyone!

#### Any funny anecdotes in your line of work?

Once I flew to South America to do surgery on a president's daughter and I was frisked by the Secret Service here in the US, because

I was carrying my knives for surgery! Stage mothers are the worst, because they come in wanting their daughters to look a certain way. But I love the pimps who have a rough, smoker's voice, wads of money and two or three strippers they want me to 'fix'.

#### What's your personal favourite cosmetic procedure?

I love the sensual part of plastic surgery – lips, noses, breasts.

#### Any procedures you refuse to do?

I don't like facelifts.

#### What's your work philosophy?

I try not to upset nature or piss off religion too much. My goal is to make the patient happy with the least amount of damage. My goal is to retire in Brazil, because I'm Brazilian, and do reconstructive charity work until I die.

OK!

INTERVIEW BY GEORGIA CASSIMATIS  
PHOTOGRAPHS BY BIG, SNAPPER, WIREIMAGE  
DR 90210 IS ON E! ENTERTAINMENT TELEVISION,  
WEDNESDAYS AT 9.30PM

# ASHLEE: DID SHE?

SPECULATION IS RIFE THAT ASHLEE HAD SURGERY, SO WE ASKED DR REY...



'She's an example of someone who went from being cute to an angel. With a 'tweak' – she had two millimetres shaven off her nose – she blossomed'

## STARS SPEAK OUT

Famous for their gorgeous faces and hot bodies, these stars give their thoughts about going under the knife



#### Demi Moore

I don't see me getting oodles of stuff done, but for some things it's a godsend. After three kids, gravity takes its toll and everything heads south.'



#### Kate Moss

'I don't think there is anything wrong with having a bit of work done – as long as my face isn't frozen.'



#### Scarlett Johansson

'I definitely believe in plastic surgery. I don't want to be an old hag. There's no fun in that.'



#### Victoria Beckham

'I don't think there's anything wrong with cosmetic surgery if it's right for you and you're doing it for the right reasons.'