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star home

At home with Dr. 90210

E!'s Dr. 90210 is sprucing up Hollywood—one boob at a time! But star plastic surgeon Robert Rey, M.D., is already living the bodacious life in his Bel Air home!

dr. Robert Rey's nearly scarless precision with a scalpel has made him *the* plastic surgeon to Hollywood's perfection-seeking celebs—and earned him his own reality show on E!, *Dr. 90210* (airing Mondays at 10 p.m.). So what does the 43-year-old Harvard-educated doctor do to keep his laser-like focus sharp for the next surgical procedure? He jumps on beds with his kids in his 3,000-square-foot, million-dollar-plus, Bel Air abode, of course!

"Plastic surgery is very, very stressful. I have to take a knife to perfect-looking people and make them more beautiful," says Robert, whose most popular procedure is breast enlargement (\$5,000 to \$7,000 a pop!). So after a day of high-priced surgeries and reality-TV cameras following him around for his show's third season, which airs in December, relaxing at home with his family—31-year-old wife Hayley and children, daughter Sydney, 5, and Robbie, 16 months—is all Robert is ready to scrub up for.

PRETTY ON THE INSIDE

"We like a lot of nature inside and outside of our house," says Hayley, his





Robert and Hayley's sunflower-dappled ("It's our favorite flower," says Hayley) living room is accented with a \$3,000 leather ottoman from home store Gracie Allen in Brentwood, CA.

Good thing Robert and Hayley have a big house! In addition to their two Chihuahuas, Billy and Peanut, Robert and Hayley are getting two new furry additions: a German shepherd and a kitten!



"Robert maintains a very strict diet," and stays away from pasta, bread and pizza, though he does eat chicken and fish, Hayley tells *CL*. "I'm totally the opposite—I love fried food and fast food, and I don't exercise!"

wife of five years, of the sunny decor in their Mediterranean split-level home, which has three bedrooms, a living room, dining room and three bathrooms, and which looks out over the Santa Monica mountains. "I designed the inside of the home with my mother, Brenda McIntyre, who is a real estate agent. She helped us find the house," Hayley tells *CL*.

And what's Robert's favorite room? "Robert loves the kitchen because it's the area where he can be at peace with himself," says Hayley. "He's a healthy eater. He cooks for himself."

And when he's not cooking? He's working it off in his two-car-garage-turned-gym! "At 3 a.m. I hit my home gym, and then I go outside in front of my house and do tae kwon do. It keeps me fit, centered and peaceful in a chaotic world," says Robert. Sounds like the prescription for a perfect life! 

BY AMY ZAVATTO



When the cameras stop, Robert's scrubs come off! "My favorite designer is Versace," he says. "I want to look good for my patients, and it's a nice change from wearing scrubs most of the day!"



Doctor in the house!

"I am a living example of making your dreams come true," says Robert (here with wife Hayley, son Robbie and daughter Sydney). Robert was saved from a life of poverty in São Paulo, Brazil, at age 12 by a Christian missionary from Utah who brought him back to the U.S. and raised him.

Dr. 90210's Plastic Surgery Advice

● **DO YOUR HOMEWORK** Before signing up with any plastic surgeon, research the doctor you are considering. Make sure you feel comfortable with him or her and that he or she has a good client referral list.

● **BE HAPPY WITH YOUR INSIDE FIRST**

"I am all about encouraging people to make the best choices for themselves, but if I don't think you need a certain procedure, I won't do it. True happiness comes from within," advises Dr. Rey.

Get the Look!



◀ Contemporary chair, \$200, target.com

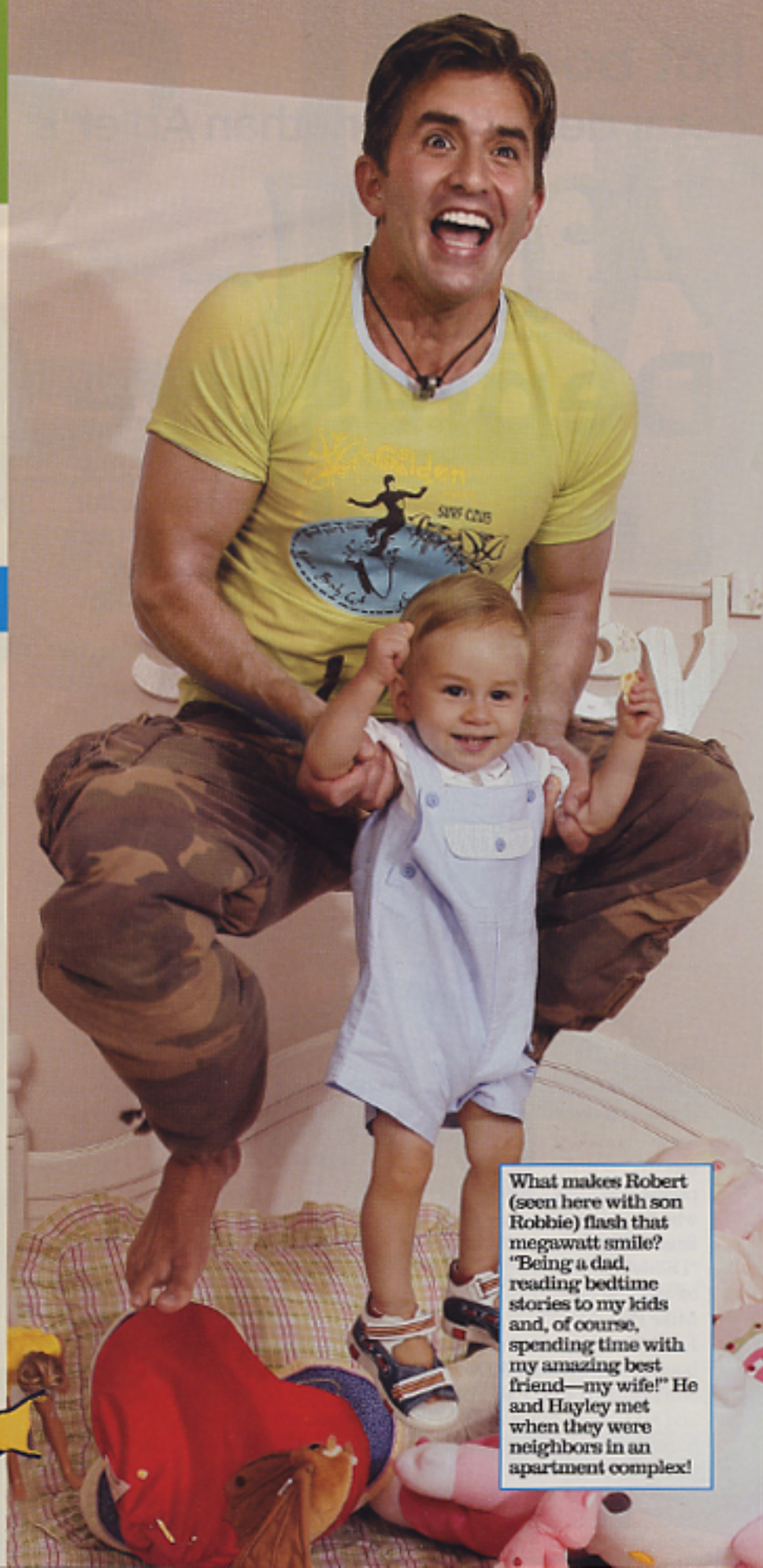


▶ Val D'Arno sunflower bouquet, \$82, calyxandcorolla.com



◀ Double-stitch chocolate-brown leather ottoman, \$50, target.com

▶ "Dory" from Finding Nemo stuffed toy, \$7, amazon.com



What makes Robert (seen here with son Robbie) flash that megawatt smile? "Being a dad, reading bedtime stories to my kids and, of course, spending time with my amazing best friend—my wife!" He and Hayley met when they were neighbors in an apartment complex!